# THE MISSION OF THE DEMENTIA CARE SPECIALIST PROGRAM

***TO SUPPORT PEOPLE WITH DEMENTIA AND THEIR CAREGIVERS TO ENSURE THE HIGHEST QUALITY OF LIFE POSSIBLE WHILE LIVING AT HOME.***

**THE DEMENTIA CARE SPECIALIST PROVIDES FREE INFORMATION AND ASSISTANCE TO ADULTS WITH MEMORY OR COGNITIVE CONCERNS, TO FAMILY MEMBERS AND FRIENDS WHO ARE CAREGIVERS, AND TO THE OVERALL COMMUNITIES OF WAUPACA COUNTY.**

WE HELP THE PEOPLE OF WAUPACA COUNTY TO BE SAFE AND CONNECTED

WAUPACA COUNTY
Department of Human Services


**Contact :**
**Denise Roman**
**Dementia Care Specialist**

**715-258-6400**

**denise.roman@co.waupaca.wi.us**

**Waupaca County**
**Department of**
**Human Services**
**811 Harding Street**
**Waupaca, WI 54981**


# DEMENTIA CARE SPECIALIST

## SERVING THE INDIVIDUALS, FAMILIES, AND COMMUNITIES OF WAUPACA COUNTY

ADRC
Aging & Disability Resource Center of Waupaca County

# DEMENTIA RESOURCES, PROGRAMS, AND SUPPORT

## MEMORY SCREEN

MEMORY SCREENS ARE FREE, AND CONFIDENTIAL. IT IS A BRIEF TEST THAT IS USED TO EVALUATE MEMORY, JUDGEMENT AND THE ABILITY TO UNDERSTAND VISUAL INFORMATION.

## DEMENTIA LIVE!

IS A SIMULATION EXPERIENCE THAT IMMERSES PARTICIPANTS INTO LIFE WITH DEMENTIA, RESULTING IN A DEEPER UNDERSTANDING OF WHAT IT'S LIKE TO LIVE WITH COGNITIVE IMPAIRMENT AND SENSORY CHANGE.

*COMING FALL OF 2024*

## STRESS-BUSTING PROGRAM FOR FAMILY CAREGIVERS

THIS NINE-WEEK PROGRAM CONSISTS OF WEEKLY 90-MINUTE SESSIONS WITH A SMALL GROUP OF CAREGIVERS. CAREGIVERS LEARN ABOUT THE DISEASE PROCESS, STRESS MANAGEMENT TECHNIQUES, AND A VARIETY OF OTHER CONTENT.

*COMING SUMMER OF 2024*

## CAREGIVER SUPPORT GROUPS

CONTACT THE DEMENTIA CARE SPECIALIST FOR MORE INFORMATION ON TIMES AND LOCATIONS
PLEASE CALL: **715-258-6400**

## CARE PLANNING ASSISTANCE

*FOR CAREGIVERS AND FAMILY MEMBERS OF THOSE WITH DEMENTIA.*
A PARTNERED APPROACH TO FIND CARE STRATEGIES AND TECHNIQUES TO SUPPORT YOU THROUGH YOUR CAREGIVING JOURNEY.

## ANNUAL SENIOR & CAREGIVER RESOURCE FAIR

IN APRIL OF EACH YEAR THIS RESOURCE FAIR FEATURES SPEAKERS ON TOPICS TO HELP SUPPORT CAREGIVERS. MANY LOCAL BUSINESSES HAVE BOOTHS WHICH PROVIDE INFORMATION AND RESOURCES.

## ONE-ON-ONE RESOURCE NAVIGATION

LEARN ABOUT WHAT SUPPORT IS AVAILABLE TO YOU IN YOUR COMMUNITY THROUGH A PERSONALIZED CONSULTATION.

*THIS MIGHT INCLUDE BUT NOT LIMITED TO:*

- **MEMORY CAFES** - SOCIAL ACTIVITIES DESIGNED FOR THOSE WITH DEMENTIA
- **MINDWORKS** - EVIDENCE-BASED CLASS FOR THOSE WITH EARLY SYMPTOMS
- ASSISTANCE PROGRAMS AND SUPPORT
- EDUCATIONAL CLASSES
- DEMENTIA RESOURCE LIBRARY AND CAREGIVER CURRICULUM
- FUNDING SOURCES
- DEMENTIA FRIENDLY ACTIVITY KITS
- LOCAL RESPITE PROVIDERS
- PLUS MORE...